# ELISTAT - Enriching the lives of seniors through the art therapy





2020-1-TR01-KA227-ADU-097696

#### **MULTIPLIER EVENT IN ANKARA**

Elistat Project Multiplier Event was held in Ankara on 27th July 2023 and with the participation of 91 people including seniors, volunteers, academics, social workers and psychologists working in the field of ageing.

Many press members from the national press also attended the multiplier event.

During the event, the project and project outputs were introduced to participants by experts from Ankara Provincial Directorate of Family and Social Services, After the presentations, Question and Answer session took place, the participants were highly interactive during this session.

It was also observed that various networks were established among the participants working in the field of ageing.

At the end of the all sessions, a music choir consisting of elderly people took the stage and spiced up the event.

### MULTIPLIER EVENT IN BITONTO, ITALY

Sinergia organized the multiplier event in Bitonto, Italy, on 26/07/2023, involving 31 representatives of the local municipality, the local NGOs dealing with elderly services, trainers, educators and social workers from elderly social services and facilities, volunteers and family caregivers from local associations of families and NGOs.

During the event, Sinergia registered a great interest in the proposed methodology, in the variety and flexibility of integrated resources available for professionals, caregivers and seniors.



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### **MULTIPLIER EVENT IN PARIS**

E-Seniors organized the multiplier event in Paris, France, on 28/08/2023, involving 20 representatives of the local municipality, local NGOs, educators and social workers assisting seniors, family caregivers and seniors participating in local workshops.

During the event, The presentation and the practical demonstration was very appreciated. E-senior team guided participants in dealing with fear and violence, even addressing individual situations. All participants collaborated in producing meaningful work. The positive effects of art therapy sessions with seniors and of mindfulness exercises were clearly observed.





## MULTIPLIER EVENT IN GONDOMAR, PORTUGAL

The "Multiplier Event - Focusing on Art Therapy" was a highly anticipated gathering that took place on 31st July 2023, at the Municipal Gondomar Library. Organized by the UNIÃO DE FREGUESIAS DE GONDOMAR (S. COSME), VALBOM E JOVIM Projects Office, this event aimed to disseminate the outcomes of the ELISTAT Project and showcase the positive impact of art therapy on seniors' well-being.









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### MULTIPLIER EVENT İN TIMISOARA, ROMANIA

ATFCT has organized 2 multiplier event in 24th of July and 30th of August 2023,

Both events covered all 6 intellectual outputs of the Elistat Project.

There have been 25 participants attending the first event (24th of July) and 10 participants attending the second event (30th of August).



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### Join Us



Funded by the Erasmus+ Program of the However the European Commission and Agency cannot be held responsible for any made of the information contained

### **Project Consortium**























**ELISTAT - Enriching the** Lives of Seniors Through the Art Therapy



**SUSTAINABILITY STRATEGY** 

which are Online Learning

Platform, Activity Book,

years after the end of the

and adult trainers at local,

Project.

The main outputs of the Project

**Educational Videos and Podcasts** 

The inclusion of older individuals

national and European levels will offer a much wider sustainability

potential by including a large

institutions, organizations and

The fact that all materials are

online and cost effective will

contribute to the sustainability of

number of individuals,

authorities.

the project.

will be continued for at least 5